metro

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Tuesday, December 8, 2015 metro.us | t: MetroBOS | f: MetroBoston

BRING THE HEAT

Hot firefighters sought for MSPCA charity photo shoot. 3

When a green juice becomes unhealthy. 14

Bruins with a big week ahead. 15

8 TONY AWARDS BEST MUSICAL
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his music needed one thing —her.
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HERE COME THE ANGELS

We go behind the scenes of the most anticipated show of the year, as Victoria's Secret returns to the Big Apple. 9

GETTY IMAGES

GUN CONTROL VICTORY

1 The Supreme Court rejected a challenge by gun rights activists to a Chicago suburb's ordinance banning assault weapons and large-capacity magazines, handing a victory to gun control advocates amid a fierce debate over the nation's firearms laws. The 2013 ordinance passed by the city of Highland Park, Illinois, will remain in place. REUTERS

BC STUDENTS SICKENED

2 Shares of Chipotle Mexican Grill fell 4.7 percent in extended trading on Monday, after Boston College said students, including members of its men's basketball team, fell ill after dining at the popular burrito chain. The students complained of gastrointestinal symptoms and the common factor among the students was that they had all eaten at the Chipotle restaurant in Boston's Cleveland Circle over the weekend, Boston College spokesman Jack Dunn said. REUTERS

NO NATO GROUND TROOPS

3 NATO has ruled out sending ground troops to fight against Islamic State militants in Syria, NATO General Secretary Jens Stoltenberg told a Swiss newspaper, stressing the need to bolster local forces in the conflict. "That is not on the agenda of the coalition and the NATO allies," he told the Tages-Anzeiger paper. REUTERS

7 THINGS YOU NEED TO KNOW

74TH ANNIVERSARY OF PEARL HARBOR

7 Dozens gathered at the USS Cassin Young in the Charlestown Navy Yard on Monday for a commemoration ceremony of the 74th anniversary of the attacks on Pearl Harbor. A floral wreath was placed in the water during the ceremony to remember the lives lost during the attacks. There was also a gun salute and a rendition of "Taps."

MAIN PHOTO BY NICOLAUS CZARNECKI, ALL OTHER PHOTOS BY GETTY IMAGES

STUDENT MADE THREATS

4 Police suspect the person who alerted police to threats being made against Cambridge schools was likely the one behind the threats to begin with. They also believe the suspect is a student. "Investigators are beginning to think the person who reported the first threat is actually responsible for all three," investigators told parents at a meeting Sunday, WCVB reported. MATT LEE

STOLEN HUMAN REMAINS

5 A Connecticut man was arrested after police found the stolen skeletal remains of five bodies missing from a Worcester cemetery in his apartment. Amador Medina, 32, told investigators he had used the stolen bones in religious ceremonies, The Courant reported, adding that the remains, taken from Hope Cemetery, were recovered inside Medina's Hartford, Connecticut, apartment.
JASON NUCKOLLS

MBTA BOTTLE ASSAULT

6 A man was arrested after assaulting an MBTA employee with a beer bottle Thursday night at Haymarket station, according to a transit police report published Monday. The attacker, a 37-year-old man from Beverly named John Reddy, was reportedly harassing other passengers before the employee approached him. MATT LEE

MSPCA seeks hot firefighters for calendar

The animal welfare organization is seeking volunteers for a fund-raiser expected to net $50,000 for homeless pets.

SPENCER BUELL
@MetroBOS
spencer.buell@metro.us

Firefighter Peter Vieira of the Providence Fire Department PROVIDED

Calling all hunky heroes.

An animal welfare group is on the hunt for the commonwealth's hottest firefighters for an upcoming 2017 calendar.

The Massachusetts Society for the Prevention of Cruelty to Animals is recruiting area first-responders for the calendar, which supports its efforts to house homeless pets.

"This a fun way to drive awareness for both the bravery that Massachusetts firefighters exhibit every day, and to shine a spotlight on the issue of animal homelessness — and we're thankful that the net proceeds will help us take care of the many animals in our charge," said Rob Halpin, MSPCA-Angell's director of public relations.

"This a fun way to drive awareness for both the bravery that Massachusetts firefighters exhibit every day and to shine a spotlight on the issue of animal homelessness." Halpin

The winners of the contest will be featured in the upcoming "tongue-in-cheek beefcake calendar," as Halpin called it, pictured next to animals currently up for adoption in MSPCA's care.

The deadline to enter online at MassFireCalendar.org is April 10. Halpin said the shelter had received two submissions so far.

Halpin said sales are expected to generate more than $50,000 for the organization, which has adoption centers in Methuen, Boston and Centerville.

Those looking to get a preview of the finalists can watch them walk the catwalk at an audition party scheduled for April 22 at Showcase Live at Patriot Place in Foxborough.

Help Metro make magic

Please donate to the Metro Magic annual holiday toy drive during the 2015 holiday season.

In keeping with the holiday spirit of giving, Metro is once again launching Tony's Metro Magic, our annual toy drive for underprivileged children in Boston, New York and Philadelphia.

This year marks the seventh anniversary of the toy drive, which was renamed in memory of the man who oversaw the project for more than four years, Tony Metcalf, Metro's longest-running editor-in-chief. Metcalf passed away in 2013 from colon cancer at the age of 50.

Metcalf lit up every year as he saw the faces of children unwrap their holiday gifts. It is our goal to keep that magic alive. We are now asking readers to contribute what they can to Tony's Metro Magic.

Metro has created a wish list at the Target website that readers can access by going to www.metro.us and clicking on the Tony's Metro Magic logo.

From there, just choose the toys you wish to donate, pay online using Target's secure payment system. Your gifts, along with your name attached, will be delivered to Metro's offices in each city.

This season we hope you will remember the children who will spend the holidays in shelters or who may not have gifts to open. Even one small gift can make a big difference in a child's holiday season.

METRO

Burning Legs?
Varicose veins are more than a cosmetic problem. They can be associated with Deep Vein Thrombosis (DVT) and Pulmonary Embolism (PE), both of which claim up to 300,000 lives a year in the United States.

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Pretty Things glass PROVIDED

Pour one out for the Pretty Things Beer and Ale Project

Pour one out for Pretty Things Brewery, the Somerville-based brewhouse that is headed down the drain.

"Seven years ago we sold our first glass of beer at The Publick House in Brookline," Martha and Dann Paquette wrote on their website. "After seven years it's time to draw the curtains and head off to a new adventure. A poorly drawn grain of barley called Jack D'Or made this whole thing possible. He'll be coming with us."

Buzzards Bay Brewing first housed Pretty Things down in Westport. There, they grew their brew and hit the markets all over Massachusetts and Rhode Island.

But now, the Paquettes, who declined to speak to Metro, said it's time to kick the keg for the last time.

"We didn't foresee then that our strange project would become such a part of our lives," they wrote on their website. "It has been a crazy fun time. … Brewing our beers has been a great labor and a great joy. But best of all, we shared it with so many great beer drinkers.

The Independent in Somerville is hosting their Irish wake, and the public is welcome to raise a parting pint with the brewers, owners and beer lovers alike on Wednesday evening.

NATE HOMAN

Diners should be able to BYOB: Councilors

City Council seeks to let customers bring beer and wine to small restaurants outside the downtown core.

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The Boston City Council weighed the subject of allowing BYOB restaurants to operate in Boston during Monday's City Council meeting. NICOLAUS CZARNECKI

Small restaurants outside the downtown area could soon start seating patrons who've brought along their own six-packs and bottles of wine.

Boston's City Council moved one step closer to legalizing BYOB in the Hub, facing some pushback but no firm opposition to the idea in a Monday hearing at City Hall.

Supporters say it would be a boon for the underdogs in Boston's booming dining-out scene: tiny restaurants in outlying neighborhoods without the capital or fridge space to buy pricey liquor licenses and stock up on alcohol.

"We're looking to bring some of the vitality of our awesome restaurant scene into every neighborhood in Boston and do it in a way that puts public safety front and center," said Councilor Michelle Wu, who is co-sponsoring the ordinance along with her colleague Stephen Murphy.

The ordinance would allow eateries to get permits to offer BYOB only if they do not already have a liquor license, if they have a wait staff (so no lunch counters or fast-food joints) and are small (no more than 30 seats). It would also require that the restaurants buy liability insurance and that servers take alcohol training courses.

Neighborhoods in the city core — for example the North End and Beacon Hill — would not be eligible.

Specific regulations would be up to the city's licensing board.

> *"We're looking to bring some of the vitality of our awesome restaurant scene into every neighborhood in Boston."* Wu

Wu said she anticipated permits would cost around $300. That's far shy of the going rate for alcohol licenses, which start at $3,000 and can fetch as much as $400,000 on a competitive open market.

No outright opponents came to Monday's meeting. But at least one Boston restaurant lawyer told Metro he was opposed to the idea and called on the city to maintain licensing the way it is.

"Allowing this sort of activity to compete against people who have purchased their licenses seems to be an erosion of a well-set-up and well-functioning regulatory scheme," said John Connell, who has represented restaurants, alcohol producers and distributors.

City Councilor Ayanna Pressley, meanwhile, argued instead for more liquor licenses in the city for outlying neighborhoods, without needing the blessing of the Legislature. She led the charge last year that led to 60 licenses being earmarked for seven neighborhoods, among them Mattapan and Hyde Park.

"We just need more licenses," Pressley said at the hearing. "That still needs to be the greater goal of reform pursued here, which is local control."

Progress on that front may be stalling: also on Monday, Gov. Charlie Baker announced legislation that would give more control over liquor licenses to cities and towns — except the city of Boston, according to the State House News Service.

Campaign launched to raise $50,000 for Lynn fire victims

A local group is collecting donations for victims after a fire in Lynn on Friday that killed four, injured two and displaced 18.

Lynn Youth Street Outreach Advocacy, an area nonprofit, launched an online fund-raiser on GoFundMe Monday afternoon with a big goal: to raise $50,000.

"Unfortunately, this tragedy could not have come at a worse time with the holidays around the corner. Any amount donated will mean the world," the group wrote on its fund-raiser page, which by late Monday afternoon had collected nearly $500 in under two hours from 11 backers.

The three-alarm fire hit a three-story home at 24 Bruce Place Dec. 4, according to multiple reports. WCVB reported Monday that investigators had yet to identify a cause and that the victims included a pregnant woman named Sonia Cruz and three of her relatives.

4
PEOPLE KILLED IN THE FIRE

$50K
GOFUNDME GOAL

Funds support victims by helping pay for burial services and medical bills, as well as "resources to help those who lost their home get back on their feet," according to the GoFundMe page.

METRO

Alleged Boston bomb scare hoaxer pleads not guilty

James Derepentigny TED FITZGERALD

The scare shut down much of Atlantic Avenue and tied up traffic in the Seaport.

NATE HOMAN
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The man who prompted a bomb scare in downtown Boston on Friday has been charged in connection with the hoax.

James Derepentigny, 50, was in Boston Municipal Court Friday where he pleaded not guilty to planting a hoax device thought to be a bomb next to a Department of Homeland Security cruiser on Friday. He was arrested in Lawrence hours later.

Derepentigny has a lengthy criminal record and history of mental health issues, according to police, who said the hoax was an isolated incident that he carried out alone and was not tied to any larger body of terrorism.

Boston's Atlantic Avenue was shut down Friday as a bomb squad detonated a suspicious package at 11:50 a.m. on Friday. The blast could be heard all throughout the financial district near the waterfront.

The object, a suitcase, was dropped near a U.S. Coast Guard facility, Boston Police Commissioner Williams Evans said. The suitcase contained wiring and a power source, Evans said. A man who appeared to be in his 40s was caught on camera dropping the briefcase and hurrying away.

Derepentigny is being held on $50,000 bail. He is due back in court on Jan. 4.

FBI says California shooters were radicalized for 'some time'

FBI says the shooters were radicalized but no sign of international plot.

Tashfeen Malik

Syed Rizwan Farook HANDOUT

FBI agents are seen outside the builiding at the Inland Regional Center. GETTY IMAGES

Investigators believe the married couple who massacred 14 people in Southern California last week — the U.S.-born husband and his Pakistani wife — had been radicalized "for some time," but no evidence has yet emerged of an international plot, the FBI said on Monday.

The latest disclosures in the FBI-led investigation came as San Bernardino County employees began returning to work under tighter security, five days after a co-worker, Syed Rizwan Farook, 28, and his spouse opened fire with assault-style rifles on a holiday gathering of his colleagues.

The couple were killed in a shootout with police several hours after their attack on Wednesday morning in a conference room at the Inland Regional Center social services agency in San Bernardino, about 60 miles east of Los Angeles.

The FBI said last week that authorities are investigating the mass shooting as an "act of terrorism," noting that Farook's Pakistani-born wife, Tashfeen Malik, 29, was believed to have pledged allegiance on Facebook to the leader of the militant group Islamic State.

In addition to five firearms recovered by investigators, law enforcement officers also have seized the thousands of rounds of ammunition along with explosives and other materials for making numerous pipe bombs.

Questions have been raised about the extent to which Farook, who was born in Illinois to Pakistani immigrant parents and grew up in Southern California, might have been acting under the influence of Malik, whom he married in Saudi Arabia in the summer of 2014 and then returned with to the United States

But David Bowdish, assistant director of the Federal Bureau of Investigation's Los Angeles office, said on Monday that investigators believe "both subjects were radicalized and had been for some time."

He said it remained to be seen whether they were indoctrinated by other individuals or turned to extremist ideology on their own.

> *"I want to be crystal clear here: We do not see any evidence so far of ... an outside-continental-U.S. plot. We may find it some day, we may not. We don't know."*
>
> Bowdish

He also cast further doubt on whether the couple were part of a larger organization of militants.

The FBI, he said, was continuing to seek a motive for the attack. Agents believe the couple had been planning more violence because of their cache of ammunition and pipe bombs.

REUTERS

Donald Trump calls for end to Muslims entering the US

Republican presidential candidate Donald Trump said a "total and complete shutdown" of all Muslims entering the United States should be put into place until Congress can act.

In a statement distributed to the press, Trump said that polling shows a "hatred" by Muslims toward Americans that could result in more attacks.

"Without looking at the various polling data, it is obvious to anybody the hatred is beyond comprehension," Trump said in a statement. "Where this hatred comes from and why, we will have to determine. Until we are able to determine and understand this problem and the dangerous threat it poses, our country cannot be the victims of horrendous attacks by people that believe only in jihad, and have no sense of reason or respect for human life."

REUTERS

Donald Trump GETTY IMAGES

BRIEF

Refugees to arrive in Texas despite effort to block them

Two families of Syrian refugees are due to arrive in Texas on Monday despite efforts by the state to bar their resettlement, including a lawsuit the state filed last week in federal court.

A family of six, comprised of the parents, two children under age 6 and the children's grandparents, are scheduled to arrive in Dallas. Another family of six, comprised of four children aged 2 to 13 and their parents, are set to arrive in Houston, the Justice Department said in a court filing.

The agencies resettling the families did not respond to requests to confirm their arrival. The refugees arrived last week in New York.

The results of the case filed in U.S. District Court in Dallas could determine whether the governors of about 30 states will be able to go through with plans to bar the local resettlement of Syrian refugees.

A federal judge on Monday denied a request by Texas for a hearing by Wednesday for an injunction to bar Syrian refugees from resettling, an activist group said. REUTERS

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Selfies under world scrutiny

People in London smile the least in their selfies, while Moscow's selfie takers are predominantly women dressed to the nines, says a researcher involved in setting up a London show about selfies.

For its new exhibition "Big Bang Data," Somerset House has commissioned "Selfiecity London," a spotlight on 640 selfies selected from 152,462 public Instagram images taken in a single week in September in a 2-square-mile radius of the museum. The show opens to the public Thursday.

The Selfiecity project is led globally by Lev Manovich, a professor of computer science at City University of New York's Graduate Center. Selfiecity's eight-person lab compiles and analyzes selfies from around the world; the five other cities so far are Bangkok, Berlin, Moscow, New York and Sao Paulo.

82%

MOSCOW HAD BY FAR THE HIGHEST PROPORTION OF FEMALE SELFIE TAKERS — 82 PERCENT

Manovich said the project was designed "to see if we can learn new things about cultural differences and cultural behavior" from selfies, and to make such analysis more democratic for people who lack deep knowledge of computing.

In that respect, he said the most important part of the "Selfiecity London" display was its interactivity function. On a touch screen, visitors can introduce filters and criteria — "people from London over 35," or "very small children" — and observe patterns and trends within that chosen subgroup.

The selfie findings show every city is unique. TWITTER

Globally, the findings showed that "every city is unique," Manovich said.

People taking selfies in London smiled the least and closed their eyes the most, he said. By contrast, the highest percentages of "strong smiles" were to be found in Bangkok and Sao Paulo, whereas the ratios in Moscow and New York were "significantly" lower.

Russian women treat selfies "like a fashion magazine: They're always totally made up, and looking straight at the camera," Manovich said.

London selfie takers included more older men than elsewhere: The average male was 28 years old versus 26.3 for other cities. The youngest selfie takers of all were to be found in Bangkok, where the average age for females was 20.3 and males 22.7.

The CUNY academic said his team had wanted to include Japan in the study, but couldn't because "when people pose for selfies, they're more elusive: They often don't show their full face, so the software couldn't deal with it."

REUTERS

BRIEF

Social media terrorist activity bill returning to Senate

California Sen. Dianne Feinstein will reintroduce legislation as soon as Monday that would force social media operators such as Twitter, Facebook and YouTube to notify federal authorities of online terrorist activity, a spokesman said.

Feinstein, the top Democrat on the Senate Intelligence Committee, had included the legislation as an amendment into an intelligence authorization bill, but it was not included in the version voted on by the full Senate.

Deadly attacks in Paris last month and in San Bernardino, California, last week have fueled concern among lawmakers about how potential terrorists might be using social media to communicate and plan.

"This is essentially the largest attack since 9/11," Feinstein told the San Francisco Chronicle, referring to the attack in her home state. "We are in a different age." REUTERS

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Why Adele didn't get any Grammy nominations

When the Grammy nominations were announced yesterday, fans of Taylor Swift and The Weeknd were certainly thrilled. But a tone of discord quickly spread across social media as Adele acolytes began protesting the "Hello" singer's seeming snub when she didn't receive a single nomination for the hit single or her new album, "25." But really, Twitterverse, calm down. Adele's latest record-breaking work isn't eligible until next year's Grammys, as this year's honors work released between Oct. 1, 2014 and Sept. 30, 2015 — which I'm guessing Taylor Swift is thrilled about. You can expect an Adele sweep in about a year or so.

Days after Saint West arrives, Kim and Kanye are arguing again

ALL PHOTOS GETTY IMAGES

Kim Kardashian and Kanye West have barely had time to announce the ridiculous name (Saint West) for their newborn son, and they're reportedly already squabbling about what to do next with their family. And apparently it comes down to whether or not Kardashian will get pregnant again — something she reportedly didn't want to do to begin with for baby No. 2, according to Radar Online. "Everyone knows she was dead set on adoption, but Kanye pleaded for her to get pregnant again and she caved in," a source says. "Now she's putting her foot down and has insisted surrogacy or adoption would be the only way she'll consider adding to their family down the line."

Apparently her experience bringing Saint to term has only solidified her position. "Kim's final trimester has been so uncomfortable, it's taken a major toll on her body and made her vow never to go through this hell again," the source explains. "She had no idea it would be this difficult in terms of destroying her self-esteem." Sounds rough.

Justin Bieber's throwback posting is getting creepy

I know this seems weird coming from me, but guys? I'm worried about Justin Bieber. As news of ex-girlfriend Selena Gomez's new romance with One Direction member Niall Horan begins to spread, Bieber can't seem to stop himself from posting more and more throwback pics rife with nostalgia-filled longing. The latest? A 2012 photo of the pair holding hands while out and about, posted to Instagram with the caption "crazy throwback." Is it, though, Justin? Is it so crazy? Do you need to talk about something?

Exactly how big of a 'Star Wars' fan are you?

The Alamo Drafthouse theater chain is holding a "Star Wars"-themed endurance contest, during which seven contestants will start a marathon of all six movies followed by "The Force Awakens," which will then play on a loop until only one fan is left watching. The winner gets a seven-year movie pass, a set of 2015 and 2016 Topps Star Wars Card Reader cards, a selection of Mondo poster prints and a theater seat in his or her honor — complete with a naming ceremony. Totally worth it, right?

the word

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Good morning NY!I have missed u!!! X

@SarahKSilverman
I've never met a Jew that minds one bit if u say Merry Christmas to them.
#WarOnChristmas

@carrieffisher
I remind myself of someone I've never met/Of someone I'd like to meet/Of someone I can't forget

@edsheeran
I wasn't expecting the Grammy noms, thank you

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Live from Victoria's Secret

The sexiest event of the year airs on TV tonight, and we're taking you behind the scenes. Find out what it takes to get ready to walk the most coveted runway, meet the newest Angel and maybe get a few holiday-shopping tips backstage before tuning in to watch the spectacle at 10 p.m. on CBS.

RAQUEL LANERI

ALESSANDRA AMBROSIO DOES NOT JUST WAKE UP LIKE THIS

Brazilian supermodel Alessandra Ambrosio makes it look so east. But it turns out that preparing to walk the VS runway is kinda like training for a marathon: intense. Here, the 34-year-old beauty tells us how she gets into fighting shape.

How do you prepare for the big show?
The past week has been crazy. I made an appointment with my dermatologist. I got a facial, a crystal peel. I've been working out even more than usual and eating healthy — lots of green juices, lean proteins, chia bars. Got a spray tan, got some highlights in my hair. It's a lot of work doing this show!

ALL PHOTOS GETTY IMAGES

Sounds like it! Do you have any tips for boosting your confidence the day of?
Music! I'm a classic rock girl, and I'll put on a playlist full of my favorite rock songs and it just lifts my mood and makes me feel energized.

Do you have a family beauty secret, something passed down from your mom or grandma?
Stay hydrated. I'm from Brazil, so I'm always drinking coconut water.

The holidays are coming up, do you have any go-to gifts?
Pajamas — always.

AN "ANGEL'S" CHRISTMAS

All Candice Swanepoel wants for Christmas is her fiancé, Hermann Nicoli. The 27-year-old model gives us her gifting tips.

What do you think is the best thing to unwrap?
My fiancé.

What's the best thing for a guy to unwrap on Christmas Day?
A car.

So, are you buying your fiancé a car?
Oh, no, no, no! [Laughs]

What's the best present you've ever been given?
A vintage piece of jewelry. ... It was my grandmother's wedding ring. She passed away; now I wear it.

What gift do you use as a treat for yourself after a big assignment?
A massage — that's my weakness. I love massages.

CAROLINE JUMPERTZ, MWN

VS'S NEXT TOP MODEL

Gigi Hadid (left) strikes a pose backstage with newbie Rachel Hilbert (right).

Twenty-year-old Rachel Hilbert is the new face of PINK, and she's walking her first VS fashion show tonight. We caught up with her before her big debut.

What have you been doing to prepare for the show?
Mostly just resting — and eating well. Avoiding carbs. I can't wait to eat a pizza tomorrow.

When do you feel sexiest?
I have to say I feel sexiest when I just have had a nice workout and I'm sweating and have a clean face, no makeup. Though, a nice pair of heels always helps too. RL

Vincent Piazza heads home

The "Boardwalk Empire" actor returned to Queens for the true crime story "The Wannabe."

MATT PRIGGE
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One of the standout scenes in the indie "The Wannabe" finds its mafia-infatuated anti-hero, Thomas, spotting Eric Roberts in a bar. Thomas is a big fan of the actor's work in the 1984 crime classic "The Pope of Greenwich Village," so he approaches him, all the while calling him by his character's name.

GETTY IMAGES

That's happened to Vincent Piazza, who plays Thomas. "Some people, when they meet me, they speak to me, but mostly in terms of the plot of the show I'm on," Piazza tells us. When Piazza was on "Boardwalk Empire," he says people would be shocked to discover he's polite and friendly, i.e., nothing like his character, gangster Lucky Luciano. "There was always a moment of, 'You're him?' What did you expect, that I'd walk in with that archaic accent?"

At least with "The Wannabe," Piazza has some connection to the material. It tells the story of Thomas and Rosemarie Uva, a Queens couple who in 1992 started sticking up mafia society halls. They were called a modern-day Bonnie and Clyde. Eventually they were whacked.

Piazza and Patricia Arquette play a couple in over their heads in "The Wannabe," now on VOD. ENTERTAINMENT ONE

A native of Maspeth, Queens, Piazza was around when the Uvas were knocking about. But "The Wannabe" — which stars Patricia Arquette as Rosemarie — doesn't stick to the letter of the story, and Piazza says their tale was more an entryway into looking back at that period of time in New York history, when the John Gotti trial had become a media circus and the old kind of NYC mob was fading away.

It also explores pop culture's obsession with organized crime through movies and iconography. Thomas is introduced sitting in on the Gotti trial, staring at him as if he were James Cagney.

"At what point do the lines blur? Are modern mobsters acting like the movies?" Piazza asks. "Here's a kid who's taking cues from both sides: how to dress like this mobster, how to act from this guy on TV. There's a weird soup he was a part of."

There's a long history of gangster movies Piazza could draw from, but he cites as a major influence "Dog Day Afternoon," another movie about nobodies in well over their head. He namechecks Martin Scorsese's "King of Comedy," comparing Thomas to Robert De Niro's would-be standup comic, Rupert Pupkin. "I saw them as kins, these characters, even though what they pursued was very different," he says.

King of Queens

Piazza no longer lives in Queens, and he's not as connected to the borough as he once was. But he knows it well enough to sense that it has changed dramatically.

"It feels more modern," he explains. "Back then, the neighborhoods were very compartmentalized. There were many ethnicities, but they were in different sections and blocks." Today, the different groups are more open to mixing together. "I'd be curious to see what a teenager's point of view from the neighborhood today would make of this film — if any of that stuff exists anymore."

"The Wannabe" isn't the first film about the Uvas. Only last year, there was "Rob the Mob," with Michael Pitt and Nina Arianda as Thomas and Rosemarie. Piazza admits to still not having seen it, though he's aware it's more comedic, a little sweeter, not as dark as the film starring him. "There were so many liberties taken with our story," Piazza says. "It would be scary if they were similar."

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Can you eat too healthy?

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Being obsessed with what you eat could make you sick.

ELODIE NOËL
Metro World News
letters@metro.us

Clean and green have been the buzzwords of the nutrition world for years, showing up in increasingly complicated diets, meal plans and cleanses. While we can all use a bit more kale (and, let's be honest, veggies in general) in our lives, if you're obsessed with every ingredient on your plate, you could have an eating disorder called orthorexia.

The condition, coined in 1997 by Dr. Steven Bratman, takes healthy eating to the extreme, and is to an extent triggered by our overwhelming cultural preoccupation with eating clean.

"It's an obsession about choosing foods for their purity, their cleanliness or lack of toxicity," explains Sondra Kronberg, a clinical nutrition therapist with the American National Eating Disorders Association.

This "drive for purity and wholeness," as Kronberg calls it, is something that Jordan Younger is familiar with. Better known as The Blonde Vegan, the successful blogger was a fervent juice-cleanser and under constant pressure to be a role model for the meat-free community. It all became too much when Younger realized that her clean lifestyle was controlling her life.

"I had developed many fears surrounding food due to my very strict labeled plant-based vegan diet, and I was becoming more and more limited over time in what I was comfortable eating," she says.

Eventually, physical symptoms like losing her period, thinning hair and chronic fatigue appeared. Omitting entire food groups can damage the body, in extreme cases causing muscle and mineral losses.

Like most eating disorders, orthorexia isn't entirely about what you do and don't eat, but the amount of torment that goes on inside your head.

"I was at a relatively healthy weight," says Younger, whose new book, "Breaking Vegan," chronicles her food journey. "My orthorexia got in the way of my friendships, relationships, family life, work, passions and more."

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Adele's recipe for success is being herself. Try it! GETTY IMAGES

Although I indulge in watching viral videos, I rarely play them more than once. But I can't seem to stop watching Adele fooling a bunch of her own impersonators by pretending to be one of them. There is something Shakespearean in the way she dons a prosthetic nose and chin, feigns a bad case of nerves, and then jolts her audience into ecstatic recognition.

One of the reasons I love this video so much is that many of us, including yours truly, are like Adele, hiding our inner rock star until the moment when we can reveal ourselves and be recognized for our magnificence.

We all wear masks that we show to the world, reflecting various aspects of ourselves. The mask we show to our colleagues — for example, strength and confidence — may be different from the one we show to our friends and relatives, who get to see our more charming, self-effacing neuroticism.

Sometimes, these masks are worn intentionally, and for good reasons — you wouldn't discuss your recently broken heart with a job recruiter. They can also be a way to cope. Many children begin to wear masks when they feel their natural self will not be loved and accepted. A little girl may smile if she knows that expressing fear, anger or sadness would be met with scorn, disapproval or something much worse.

Yet these masks prevent others from really seeing us, which leads to feelings of loneliness and isolation. We can even become so accustomed to our masks that we begin to mistake them for who we really are.

We all have gifts and the capacity to give. So many of my clients secretly wish to remove their masks and, like Adele, be received by adoring fans. It's the same for love on a smaller, more personal scale, which becomes possible only through courageous honesty and faith in the worthiness of what we have to share.

In fact, a growing body of research popularized by best-selling author Brene Brown actually shows that taking off our masks to reveal our vulnerability is the path to successful relationships.

We all need to be seen and appreciated for our authentic selves; it's what drives personal growth. In this season of celebrating peace and light, may we all take a cue from Adele by grabbing the microphone, tapping into our heart and belting out that special song only we can sing.

Bruins with a rugged week ahead

Rask, Marchand helping Bruins keep pace.

RICH SLATE
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Brad Marchand has been playing strong for the Bruins so far this season. GETTY IMAGES

It is amazing how much one result can change the whole tenor of a team's road trip in the NHL. Boston (14-8-3) was clearly slumping after a disappointing 3-2 shootout loss to the Oilers (11-15-2) last Wednesday and followed that with a brutal 5-4 overtime loss to Calgary (10-14-2) on Friday. The B's went into Saturday night's game in Vancouver (9-11-8) on the verge of a winless week, so of course they promptly responded with one of their best efforts of the season: a complete 4-0 whitewashing of the Canucks.

If the Bruins have taught us anything so far in 2015-16, it is to always expect the unexpected.

Dropping those two particular points to two of the worst teams in the league was not what Boston head coach Claude Julien or anyone associated with the club was looking for, but realistically, four out of six points on a Western Canada road trip is probably what should have been the rational goal.

Despite those losses, the B's still have one of the best road records in the NHL (9-2-2) and they remain in fourth place in the Atlantic Division (7-1-2 in their last 10 games). This should be an interesting rest of the week for the Black and Gold as they visit Montreal (19-6-3) on Wednesday (7:30, NBCSN), then they host the Panthers (13-10-4) on Saturday (1 p.m., NESN).

Goaltender Tuukka Rask (9-7-3, .906 save percentage, 2.72 goals against average) picked up his third shutout of the season (tied for second in the NHL) against Vancouver, and he only had to make 17 saves as Boston finally played some outstanding team defense in front of him.

"That should be something that we take away from this game: that you don't have to play run-and-gun [as they did in Calgary] to score a lot of goals," Rask said. "We were on them all over the ice, and that takes a lot of offense away from the other team, so [the Vancouver game] was a great example of Bruins hockey."

One other Bruin who had a noteworthy trip was left wing Brad Marchand, who seemed to be in the middle of everything. He scored two goals against the Flames (including one on a penalty shot), then added another goal and was plus-3 against his old nemesis in the Canucks. He also was speared in garbage time by Vancouver's Brandon Prust, a low-rent move that cost the former Canadien a fine of $5,000. Marchand is putting together a really nice campaign as he leads his team in both goals (13) and plus/minus (plus-12). He's the only Bruin in double-digits in either statistical category.

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NOTICE IS HEREBY GIVEN THAT THE UNDERSIGNED WILL SELL AT PUBLIC AUCTION BY COMPETITIVE BIDDING at 9:00 am on 12/22/2015 at PS ORANGECO, Inc., 87 Warren St. Randolph, MA 02368. The personal goods stored therein by the below named occupant (s):

Unit	A014	Harry Lamy	Boxes, Bags, Totes
Unit	B008	Aurelio Beltre	Boxes, Bags, Totes
Unit	B009	Marivon Sean Shuler	Boxes, Bags, Totes
Unit	B016	Sheila Mathieu	Boxes, Bags, Totes
Unit	B023	Nigema Austin	Boxes, Bags, Totes
Unit	B029	Michael Tracey	Boxes, Bags, Totes
Unit	C003	Cobra Heating & AC Inc	Boxes, Bags, Totes
Unit	C008	Joan Taylor	Boxes, Bags, Totes
Unit	C011	Henry Offner	Boxes, Bags, Totes
Unit	C017	Yves Sauld	Boxes, Bags, Totes
Unit	D042	Selina Sekka	Boxes, Bags, Totes
Unit	D044	Elsa Gomez	Boxes, Bags, Totes
Unit	E028	Sheryl Rogers-Middleton	Boxes, Bags, Totes
Unit	E037	Kimberly Kinton	Boxes, Bags, Totes
Unit	F018	Jerry Carter	Boxes, Bags, Totes
Unit	F021	Joshua Tucker	Boxes, Bags, Totes
Unit	G012	Anthony Braconi	Boxes, Bags, Totes
Unit	H011	Maurice Wynn	Boxes, Bags, Totes
Unit	I024	Lena Wilson	Boxes, Bags, Totes
Unit	I054	Kevin Barnes	Boxes, Bags, Totes
Unit	J033	Bryan Durham	Boxes, Bags, Totes
Unit	J034	Charlene Joyner	Boxes, Bags, Totes
Unit	J041	Trisha Mayala	Boxes, Bags, Totes
Unit	K051	Francisca Marfori	Boxes, Bags, Totes
Unit	L044	Patricia Holmes	Boxes, Bags, Totes
Unit	M005	Carmel Saintelus	Boxes, Bags, Totes
Unit	M013	Deon Bidorini	Boxes, Bags, Totes

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PS ORANGECO, INC.

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NOTICE IS HEREBY GIVEN THAT THE UNDERSIGNED WILL SELL AT PUBLIC AUCTION BY COMPETITIVE BIDDING at 9:00 am on 12/23/2015 at PS ORANGECO, Inc., 1470 Main St. Weymouth, MA 02190. The personal goods stored therein by the below named occupant (s):

Unit	A1021	Rebecca Hurley	Boxes, Bags, Totes
Unit	A1101	Mike Shawn	Boxes, Bags, Totes
Unit	A1107	Martha Nalband	Boxes, Bags, Totes
Unit	A1145	Jennifer Bohn	Boxes, Bags, Totes
Unit	A2025	Patti Turner	Boxes, Bags, Totes
Unit	A2033	Shawn Baker	Boxes, Bags, Totes
Unit	A2035	Robert Spencer	Boxes, Bags, Totes
Unit	A2050	Nany Karo	Boxes, Bags, Totes
Unit	A2117	Rebecca Spencer	Boxes, Bags, Totes
Unit	A2153	Mark Fricker	Boxes, Bags, Totes
Unit	A2194	Cornelius Davis	Boxes, Bags, Totes
Unit	A2200	Stephanie Dangora	Boxes, Bags, Totes
Unit	A3036	Robert Downey	Boxes, Bags, Totes
Unit	A3050	Sondra Lage	Boxes, Bags, Totes
Unit	A3057	Louise Campanale	Boxes, Bags, Totes
Unit	A3058	Omar Veliz	Boxes, Bags, Totes
Unit	A3133	Meredith Remes	Boxes, Bags, Totes
Unit	A3144	Licia Burgess	Boxes, Bags, Totes
Unit	A3173	Kevin Bradley	Boxes, Bags, Totes
Unit	A3176	Merry Hou	Boxes, Bags, Totes
Unit	A3181	Lee Williams	Boxes, Bags, Totes
Unit	B004	Brenda Keefe	Boxes, Bags, Totes
Unit	B011	Jim Giannetta	Boxes, Bags, Totes
Unit	D013	Susan Souther	Boxes, Bags, Totes

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PS ORANGECO, INC.

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NOTICE IS HEREBY GIVEN THAT THE UNDERSIGNED WILL SELL AT PUBLIC AUCTION BY COMPETITIVE BIDDING at 9:00 am on 12/23/2015 PS ORANGECO, Inc., 432 Washington St. Weymouth, MA 02188. The personal goods stored therein by the below named occupant (s):

Unit	A088	Alan Burke	Boxes, Bags, Totes
Unit	A128	Ronald Anderson	Boxes, Bags, Totes
Unit	A230	Dean Papineau	Boxes, Bags, Totes
Unit	A240	Tonia Moore	Boxes, Bags, Totes
Unit	A257	JOAN MCMASTERS	Boxes, Bags, Totes
Unit	A313	FEDERICO VELLERE	Boxes, Bags, Totes
Unit	A342	Kathleen Hunt	Boxes, Bags, Totes
Unit	A348	Jay Oster	Boxes, Bags, Totes
Unit	A390	Geetha Kumaresan	Boxes, Bags, Totes
Unit	A414	Christopher Carnali	Boxes, Bags, Totes
Unit	A417	Scott Derochers	Boxes, Bags, Totes
Unit	A419	Patricia Nichols	Boxes, Bags, Totes
Unit	A424	Lisa Lundin	Boxes, Bags, Totes
Unit	A472	Michael Stanford	Boxes, Bags, Totes
Unit	A481	Brooke Leipert	Boxes, Bags, Totes
Unit	A504	Debbie KEEFE	Boxes, Bags, Totes
Unit	A506	William Platteel	Boxes, Bags, Totes
Unit	A522	Yolando Mc Mullen	Boxes, Bags, Totes
Unit	A523	Tonya Edlow	Boxes, Bags, Totes
Unit	A547	MICHELLE M DAVIS	Boxes, Bags, Totes
Unit	A565	Cecelia Grace	Boxes, Bags, Totes
Unit	A573	Jason Valentine	Boxes, Bags, Totes
Unit	A574	Candace Obrien	Boxes, Bags, Totes
Unit	A584	John Charrier	Boxes, Bags, Totes
Unit	A593	Stephanie Driscoll	Boxes, Bags, Totes
Unit	A596	Tonia Moore	Boxes, Bags, Totes
Unit	A614	Cassandra Chavis	Boxes, Bags, Totes

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PS ORANGECO, INC.

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Unit	A002	Richard Capo	Boxes, Bags, Totes
Unit	A013	James Bertram	Boxes, Bags, Totes
Unit	A022	Marilyn Dejesus	Boxes, Bags, Totes
Unit	A023	Lisa Kornegay-Andrews	Boxes, Bags, Totes
Unit	B041	Symone Gamble	Boxes, Bags, Totes
Unit	B052	Tamika Wilson	Boxes, Bags, Totes
Unit	B062	Neysa Nicholson	Boxes, Bags, Totes
Unit	C084	Louis Lagarde	Boxes, Bags, Totes
Unit	C087	Carla Odiaga	Boxes, Bags, Totes
Unit	C098	Mike Guarino	Boxes, Bags, Totes
Unit	C119	Nathalie Vilsaint	Boxes, Bags, Totes
Unit	C121	Lorna Padon	Boxes, Bags, Totes
Unit	C124	Chris Conti	Boxes, Bags, Totes
Unit	C128	Harry Joseph	Boxes, Bags, Totes
Unit	C134	KELVIN REID	Boxes, Bags, Totes
Unit	C167	Marrk Harris	Boxes, Bags, Totes
Unit	C185	Tatiana Ramos	Boxes, Bags, Totes
Unit	C212	Essa Kayd	Boxes, Bags, Totes
Unit	C215	Jennifer Flanagan	Boxes, Bags, Totes
Unit	C216	Christine Hedges	Boxes, Bags, Totes
Unit	C222	Leslie Tatum	Boxes, Bags, Totes
Unit	D229	Robert Meloccaro	Boxes, Bags, Totes
Unit	D230	Alice Semedo	Boxes, Bags, Totes
Unit	D236	Allen Murphy	Boxes, Bags, Totes
Unit	D239	Emmanuel Molin	Boxes, Bags, Totes
Unit	D241	Maureen Phanuef	Boxes, Bags, Totes
Unit	D244	SONYA ZENE	Boxes, Bags, Totes
Unit	D269	Christopher Campbell	Boxes, Bags, Totes
Unit	D296	Kaeleigh Digon	Boxes, Bags, Totes
Unit	D302	Judith Jakubajtys-Pitts	Boxes, Bags, Totes
Unit	D308	BRIAN GALLAGHER	Boxes, Bags, Totes
Unit	D319	Denise Alves	Boxes, Bags, Totes
Unit	D322	Jason Jarvio	Boxes, Bags, Totes
Unit	D335	Patricia Flanagan	Boxes, Bags, Totes
Unit	D338	Louis Lagarde	Boxes, Bags, Totes
Unit	D352	Tammy Domino	Boxes, Bags, Totes
Unit	E358	Guyander Stallworth	Boxes, Bags, Totes
Unit	E364	Evelyn Medina	Boxes, Bags, Totes
Unit	E365	Laurie Rogers	Boxes, Bags, Totes
Unit	E382	Barry Boykins	Boxes, Bags, Totes
Unit	E384	Michael Smith	Boxes, Bags, Totes
Unit	E401	Michael Smith	Boxes, Bags, Totes
Unit	E414	Lucy Merriman	Boxes, Bags, Totes

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Unit	009	Brandon Williams	Boxes, Bags, Totes
Unit	046	Galen Mcdavid	Boxes, Bags, Totes
Unit	087	ronald follins	Boxes, Bags, Totes
Unit	093	John Dunham	Boxes, Bags, Totes
Unit	103	Ella Fields	Boxes, Bags, Totes
Unit	124	Kamal Parker	Boxes, Bags, Totes
Unit	185A	Corey Stallings	Boxes, Bags, Totes
Unit	208	david delano	Boxes, Bags, Totes
Unit	209	Jason Williams	Boxes, Bags, Totes
Unit	219	Jennifer Averett	Boxes, Bags, Totes
Unit	228	Shelton Baskerville	Boxes, Bags, Totes
Unit	270	Angela Gonzalez	Boxes, Bags, Totes
Unit	284	John Fitzpatrick	Boxes, Bags, Totes
Unit	344	Stephen Badessa	Boxes, Bags, Totes
Unit	465B	Andre Thames	Boxes, Bags, Totes
Unit	469	Leotta Gilmere	Boxes, Bags, Totes
Unit	478B	Elanord Esperance	Boxes, Bags, Totes
Unit	479	El-Hajj El-Shabazz	Boxes, Bags, Totes
Unit	515	Melissa Montrond	Boxes, Bags, Totes
Unit	601	Robert Mc Daniel	Boxes, Bags, Totes
Unit	629	Patrick Green	Boxes, Bags, Totes
Unit	651	John Fitzpatrick	Boxes, Bags, Totes
Unit	653	Chinyere Ukpo	Boxes, Bags, Totes
Unit	737	Mary Watts	Boxes, Bags, Totes

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Aries Save for a rainy day and do your best to put your financial affairs in order. Prepare to head into the upcoming year free from problems.

Taurus Spend time with the people you enjoy being with most. Lend a helping hand to groups in your community geared toward helping the elderly.

Gemini A change regarding your position may cause concern. Jump from one thing to another to ensure that you don't lose momentum financially.

Cancer Everything will work in your favor if you go about your business. Picking up items that will enhance your looks should be on your agenda.

Leo You know what's best for you, and anyone trying to curtail your freedom or your ability to advance must be put in his or her place.

Virgo Getting together with people who share the same concerns or interests will enable you to explore new ventures or prospects.

Libra Scan the want ads or online job postings in order to discover something of interest. An energetic activity will help you ease stress.

Scorpio Share your thoughts and follow through with a plan. Preparing for the end of a year can be daunting if you leave everything to the last minute.

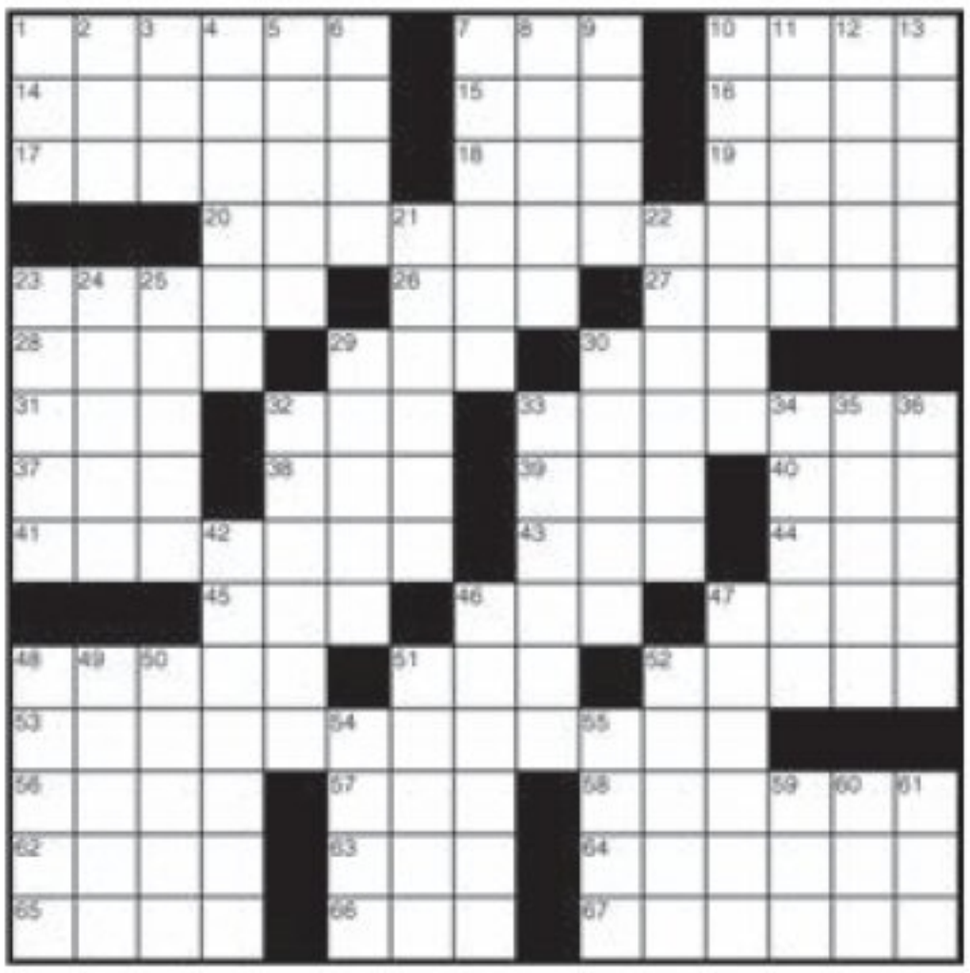
Sagittarius Use moderation in all that you do. Distance yourself from emotional melodramas. Help others, but don't make unrealistic promises.

Capricorn Partnerships and tactics will decide your future. If you broaden your outlook, share your innovative ideas and step up to the plate.

Aquarius Questionable situations will have to be dealt with carefully. Do your research and don't depend on others to come up with solutions.

Pisces Personal improvements will help you gain the confidence needed to head in a direction that you only dreamed about in the past. **EUGENIA LAST**

metro.us/crossword



Across

1 Street divider
7 Internet suffix
10 Told a whopper
14 Chocolate dessert
15 Fragrant tree
16 MIT grad
17 Natural
18 Gulf st.
19 Mystique
20 Big picture (2 wds.)
23 Heist, slangily
26 Wk. day
27 Oven gloves
28 Slow time
29 Angkor —
30 It may blow hard
31 Wyo. neighbor
32 In honor of
33 Paper-folding art
37 Andy Gump's wife
38 — Wiedersehen
39 Family mem.
40 Beauty pack
41 Spools
43 "— Rheingold"
44 Pizarro's quest
45 Advanced deg.
46 "I saw a mouse!"
47 Two-way
48 One-celled plants
51 Santa — winds
52 Bikini sporters
53 Cumulonimbus
56 Lecture
57 — -Magnon
58 Pilot's position
62 Atlas dot
63 Mortar trough
64 Glamour
65 Flung
66 Have debts
67 Gave off fumes

Down

1 2001, to Livy
2 Many many years
3 Hassle a debtor
4 Ms. Sanford of TV
5 In a ferment
6 — -do-well
7 Compensate
8 Peeved
9 Like slate
10 Bugging off
11 Aleut language
12 Marsh stalker
13 Selects a card
21 Overshadows
22 PC messages
23 Shinny
24 Broadcast portion
25 Fallback strategy (2 wds.)
29 Snaked around
30 Like some accidents
32 Conked out
33 Nightmare
34 "My Cherie —" (Stevie Wonder tune)
35 Fresco
36 Goddesses' statues
42 Bed covering
46 Make unreadable, for security
47 Toy with
48 Upper room
49 Tibet's capital
50 Beach scavengers
51 Silent projectile
52 Deceitful cunning
54 Canyon reply
55 Gen. — Bradley
59 Puffin kin
60 Umbrage
61 Flaming

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easy

6		1	9					
4			3					
		2	5		6			1
				2		8	6	
8	4	6		3		7	2	9
	2	9		4				
9			2		3	1		
					1			8
					7	4		5

hard

			3	1	5			
		6		9		8	1	
			6				3	9
	7	8			3		6	
	1						9	
	4		5			7	2	
8	6				9			
	9	2		3		4		
			2	7	4			

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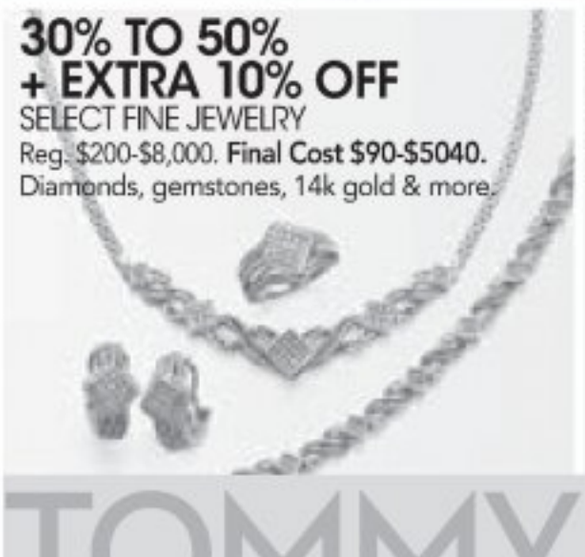

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